**Friendship ABC’s**

**A**- Acceptance- Love your friends for who they are

**B**- Brave- Don’t be afraid to stand up for yourself and others

**C**- Cheering up-If a friend is feeling blue make her smile

**D**- Differences-Friends will not always agree with you but always remember there are different ways to look at things.

**E**- Effort-don’t always wait for an invitation, take time to invite your friends to do things

**F**-Fun- makes memories in a friendship

**G**- Gabbing- there is nothing like a good conversation with a friend

**H**- Honesty- Be honest with your friends. If someone hurts your feelings let him or her know why.

**I**- Independence-Make sure you spend time to yourself too.  You’ll both have experiences that you can tell the other about later.

**J**- Jokes- Save a good joke for a time a good friend needs a laugh

**K**- Kindness-The more you give the more you receive.

**L**- Love- sharing love with others helps them to feel appreciated and they know you care.

**M**- Memories- Talk about fun times you have had together, write down fun times in journals to remember them always.

**N**- Nicknames- Having special names for each other is like having a special friendship code

**O**- Oops- No friendship is perfect.  Say you are sorry when you make mistakes

**P**- Pictures- Photos help you remember great memories.  Bring a camera and snap shots of fun times together

**Q**- Questions- asking questions to get to know someone better is great but don’t ask questions that make someone uncomfortable

**R**- Reliable- If you promise to do something do it.  Your

Friends will always know they can count on you.

**S**- Sharing- friends share lots of things.  Make sure you give items back within a good time frame and that they do to.  Just ask for something back if it has been a while.

**T**- Thoughtfulness-Little things mean a lot.  A smile, a pat on the back or just a phone call can mean a lot.

**U**- Unique- Never be afraid to be yourself in a friendship

V- Variety- Try new things together. Make a list of fun things to do together and check them off

**W**- Wishes- Make wishes for your friends and help them dream big too!

**X**- XOXO- Sweet sign offs let people know you appreciate them

**Y**- YES!  Encourage each other in all you do!  Help them to know that “Yes” they can do it

**Z**- ZZZZ- sleepovers are so fun in a friendship, but getting enough sleep is too.  Don’t let lack of sleep get in the way of treating your friends nicely.

Friendship ABC’s referenced from:

Zelinger, Laurie E. *A Smart Girl’s Guide to Liking Herself—Even on the Bad Days*. Middleton, WI: American Girl, 2012. Print.